

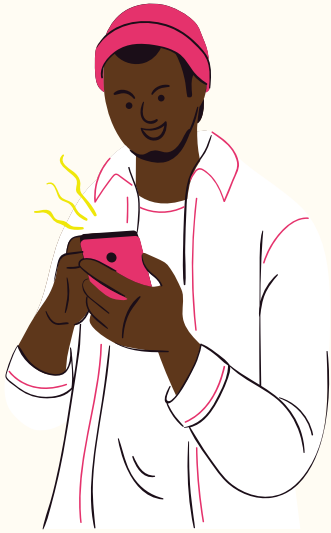
STAYING SAFE ONLINE



Kingston and Richmond
Safeguarding Children Partnership

1 CYBERBULLYING

Sometimes, people might say or do mean things to you online. This is called cyberbullying. It can happen on social media, in games, or through messages. If someone is bullying you online, tell an adult you trust, like a parent or teacher. It's important to talk about it and get help. Remember, it's not your fault, and you should never keep it a secret.



2 SHARING PICTURES AND VIDEOS

You might want to share pictures or videos with friends, but be careful! Once you share something, you can't always control where it goes. Never share photos or videos that you wouldn't want everyone to see. If someone asks you to send pictures that make you feel uncomfortable, tell an adult immediately. Sharing private pictures can be dangerous.



3 KEEPING YOUR PERSONAL INFORMATION SAFE

Your personal information, like your name, where you live, and your phone number, is private. Don't share it with people you don't know online. If someone you don't know asks for your personal information, tell an adult right away.



4 TALKING TO STRANGERS ONLINE

If someone you don't know tries to talk to you online, be careful. They might not be who they say they are. Always be suspicious of strangers and never agree to meet someone you've only talked to online. If this happens, let a parent or teacher know.

5 IF YOU FEEL UNCOMFORTABLE

If you see something online that makes you feel scared, sad, or uncomfortable, talk to an adult. It's important to tell someone, even if you think you might get in trouble. Adults can help you feel better and keep you safe.



6 REMEMBER

The internet is a great place to learn and have fun, but it's important to stay safe. Always talk to a trusted adult if you're unsure about something online. They can help you make the right choices.