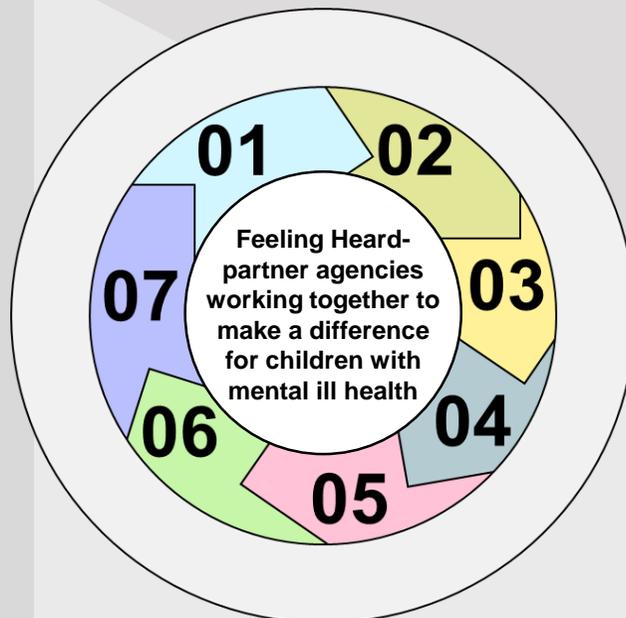


1. Feeling Heard. Ofsted Published Dec 2020. Summarises 6 JTAs (Joint Targeted Area Inspections) in 2019-20 with learning around children's mental ill health. When partners work together effectively to understand children's needs and identify and support children, this improves children's access to support to improve their health. Click [here](#) to read more

2. What children say? Children benefit from a shared approach. They say the first response is key. Trusting relationships are vital. Flexibility and time to listen play important roles.
Children want to feel heard.

7. 1 in 9 children aged 4-16 have a diagnosable mental health condition but only 1 in 4 children accessed specialist support- mostly children seek support from family or friends, online, schools or other professionals. 50% of children experienced their first mental ill health symptoms before their 14th birthday. There are some groups of children who are at increased risk. These include: children with ADHD, attention deficit disorder and autism spectrum conditions/disorders; children who experience some form of adversity, such as living in a situation of crisis, or having parents with poor mental health or who misuse substances; children in care; children in the youth justice system; 10 and children and young people who identify as LGBT+. Nearly three quarters of children with mental ill health also have a physical or developmental condition. Click [here](#) to read more.



3. Risks of not being in full-time education. When a child is accessing limited education, there are fewer avenues of support. Schools do well when there is good multi-agency support around the child and family. Look out for EHE (Elective Home Education) and children missing school.

4. We need to work together to understand children's needs holistically - we need common training and a joint approach when working with children. Any intervention should consider emotional wellbeing as a matter of course, e.g. an A&E visit for a physical problem. Schools, GPs, School Nurses, Police Officers, YOS workers can all ask helpful questions.

5. Early Help to identify need is key. Look out for children with poor communication as this is a risk factor. Share information with your partners and consider Resilience Networks in Kingston and Richmond.

6. Joint commissioning is the way ahead. CCG, Children's Social Care, Police, voluntary sector, School Nursing, and community groups can support children effectively. Good knowledge of the local community and consultation with the wider partnership are recommended.

