

Kingston and Richmond Safeguarding Children Partnership

# Kingston and Richmond Safeguarding Children Partnership

Harmful Sexual Behaviour resources for education professionals

## Emotional and practical support for children aged 4-18 who have suffered sexual harm

#### To discuss a Wellbeing Advocate or ISVA referral, email:

kch-tr.WellbeingSWL@nhs.net

To make a Wellbeing Advocate referral, complete: https://forms.office.com/r/sPv7u3jgCv



To discuss a referral to RASASC's Wellbeing in SW London therapy team,

email: thehaven@rasasc.org.uk

To discuss a referral to CYP Havens psychology email:

kch-tr.haventherapies@nhs.net

To discuss referral for a medical assessment call the CYP Havens medical team on: 0203 299 1599



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#### **Resources: Specialist Organisations**

<u>Barnardo's</u> - UK charity caring for and supporting some of the most vulnerable children and young people through their range of services.

<u>Lucy Faithful Foundation</u> - UK-wide child protection charity dedicated to preventing child sexual abuse. They work with families affected by sexual abuse and also run the confidential Stop it Now! Helpline. <u>Shorespace</u> advice for young people worried about HSB

<u>Marie Collins Foundation</u> – Charity that, amongst other things, works directly with children, young people, and families to enable their recovery following sexual abuse.

<u>NSPCC</u> - Children's charity specialising in child protection with statutory powers enabling them to take action and safeguard children at risk of abuse. **Contact the NSPCC Helpline** on <u>0808 800 5000</u> or by emailing <u>help@nspcc.org.uk</u>. Our child protection specialists will talk through your concerns with you and give you expert advice. PANTS resources are <u>here</u>

Rape Crisis - National charity and the umbrella body for their network of independent member Rape Crisis Centres.

<u>UK Safer Internet Centre</u> - Provides advice and support to children, young people, parents, carers and schools about staying safe online

### **Resources: Support for survivors/victims**

<u>Anti-Bullying Alliance</u> - Detailed information for anyone being bullied, along with advice for parents and schools. Signposts to various helplines and websites for further support.

<u>Rape Crisis</u> - Provide and signpost to a range of services to support people who have experienced rape, child abuse or any kind of sexual violence.

<u>The Survivors Trust</u>- UK-wide national umbrella agency with resources and support dedicated to survivors of rape, sexual violence and child sex abuse.

<u>Victim Support</u> - Supporting children and young people who have been affected by crime. Also provides support to parents and professionals who work with children and young people – regardless of whether a crime has been reported or how long ago it was.

<u>Childline</u> provide free and confidential advice for children and young people.



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#### **Resources: Toolkits**

<u>NSPCC – Online Self-assessment tool</u> to ensure organisations are doing everything they can to safeguard children.

NSPCC - Resources which help adults respond to children disclosing abuse and HSB framework and audit

<u>Contextual Safeguarding Network</u> – self-assessment toolkit for schools to assess their own response to HSB and levers for addressing HSB in schools.

<u>Childnet - STAR SEND</u> Toolkit equips, enables and empowers educators with the knowledge to support young people with special educational needs and disabilities (SEND).

<u>Childnet - Just a joke?</u> provides lesson plans, activities, a quiz and teaching guide designed to explore problematic online sexual behaviour with 9-12 year olds.

<u>Childnet - Step Up</u>, <u>Speak Up</u> a practical campaign toolkit that addresses the issue of online sexual harassment amongst young people aged 13-17 years old.

NSPCC - Harmful sexual behaviour framework an evidence-informed framework for children and young people displaying HSB.

Safety planning in Education, CSA Centre

# Consent video resources

**Consent for Kids** 

• <u>https://www.youtube.com/watch?v=h3nhM9UIJjc&t=39s&authuser=0</u>

Consent for older teens

https://www.youtube.com/watch?v=jM\_2hiSikAQ

**Consent latest from Gloucestershire OPCC** 

https://youtu.be/AArlv-tvxWE?si=7hF21mlMXLsOkjUM

Song for primary aged children about getting undressed online

• Undressed (lgfl.net)

### <u>Resources for staff affected by children disclosing</u> <u>sexual abuse</u>

Education Support offers a counselling helpline for any work related stress on this number 08000 562561 24/7 rape and sexual abuse support line supports not only survivors but 'supporters' (so anyone who works with or cares for a survivor) and can provide confidential emotional support around this, which can be useful for times when we're struggling to leave work at work. Also in connection with child sexual abuse, <u>The Upstream</u> <u>Project website</u> has some advice about looking after yourself.