Here's how to set the parental controls.

1. Using your phone's camera, scan a QR code below. (Don't know how? Ask your child!)
2. Follow the on-screen instructions to set the parental controls on your child's device
3. Use a good password to lock the changes – NOT the same as the unlock code!

For further advice, see your LSCB website:

Use for iPhone®, iPad® and iPod Touch®.

Use for Android devices (most others).