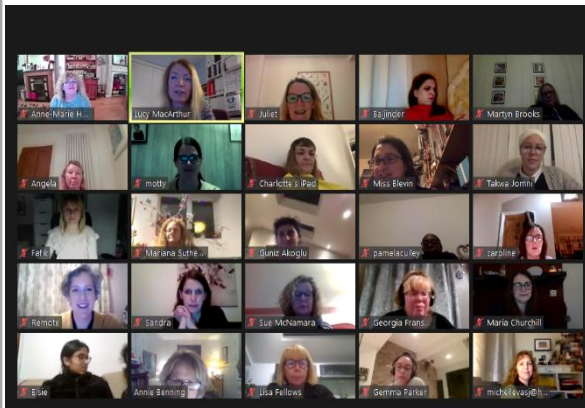


Parental vulnerabilities and hidden harms for young children



It was fantastic to see so many of you at the safeguarding forum last Wednesday evening. We talked about hidden harms – pressures and vulnerabilities at home such alcohol/substance misuse and mental health and the estimated numbers of families with children aged 0-4 years living with these vulnerabilities in our two boroughs. See the chart below. Health visitor Annie Benning shared a case study and we did a really effective exercise around safeguarding the child in your care. We also heard about the new Early Help Strategy and the Resilience Network meetings you can attend to get help and support for your families to prevent issues escalating. You can read more about that on Page 5.

If you would like to suggest a theme for future events please email me at Lucy.macarthur@kingrichscb.org.uk

Parental vulnerability	0-4yr olds (under 1yr in brackets) Kingston	0-4 yr olds (under 1 yr in brackets) Richmond	Total 0-4
Alcohol/drug dependency	437 (81)	434 (82)	871
Domestic abuse	746 (138)	780 (148)	1526
mental ill health	1208 (233)	1306 (248)	2514
All 3	162 (30)	162 (31)	324

DSL Forum Summer Term

The Early Years DSL Forum next term will be on the Zoom platform and the link to join will be sent out nearer the time. The event will be on the evening of Wednesday 16 June at the usual time of 7pm-9pm. Please put it in your calendars!

Wednesday 16 June 7pm-9pm

JTAI Inspection Heads Up

This is an HMI Joint Targeted Area Inspection which is expected sometime this academic year. Inspectors look at all agencies involved in a small number of real cases of children referred into the SPA. The inspection involves every agency involved in that child, including the Early Years provider. This is just a heads up to make you aware that you might be contacted if one of the case study children is a child in your setting.. Thank you.

Section 11 safeguarding survey

Thank you to the 410 Early years practitioners who completed this short survey last year.



The results were really encouraging – all 410 who participated have a safeguarding policy that describes clearly what to do if you are worried about a child. We were able to make contact with those of you that wanted some extra help and I am really pleased to report that we picked up on three whose policy didn't cover mobile phone and camera use and we have worked with those to get their policies compliant. It was a very productive exercise and we are now considering how to develop our auditing of Early Years in the future. Thank you for taking part.

Coping with grief

Since March last year, physical distancing measures have affected all bereavements. Many children and young people have been unable to spend time with or say goodbye in person to a dying loved one. Each year around 40,000 children are bereaved. That number will be much higher because of the pandemic.

1. **Kingston bereavement service:** <https://sayinggoodbye.org.uk>
2. **Email Cruse bereavement services:** hopeagain@cruse.org.uk Cruse National Helpline: 0808 808 1677
3. **Winston's Wish Helpline on 08088 020 021 (Monday – Friday, 9am – 5pm). You can also email:** ask@winstonswish.org
4. **Grief Encounter** 0808 802 0111 Weekdays 9am-9pm

Child Accident Prevention Trust

The CAPT [website](#) has really good accident prevention tips which we recommend you share with your families – simple things like nappy bags and batteries can be life threatening if they get into babies hands due to the 'hand to m... CAPT reports of a recent toddler death where the window blind caused the toddler to suffocate.



FGM – reminder of policy

There is a legal duty to report suspected FGM to the police on 101 and make a referral to the SPA. In our boroughs there is a risk professionals might think "It doesn't happen here", which could act as a barrier to spotting signs. Please read our FGM policy and refresh your knowledge about spotting the signs and taking action:

[https://kingstonandrichmondsafeguardingchildrenpartnership.org.uk/media/upload/fck/file/Kingston%20and%20Richmond%20LSCB%20FGM%20Policy%20Updated%202019%20F%20June%202019\(1\).pdf](https://kingstonandrichmondsafeguardingchildrenpartnership.org.uk/media/upload/fck/file/Kingston%20and%20Richmond%20LSCB%20FGM%20Policy%20Updated%202019%20F%20June%202019(1).pdf)



Funding secured for supervision

We have secured some funding from the DFE and are working to commission some training for all nursery schools to equip them to provide reflective supervision. Watch this space!

Reachable Moments

For some children, being in lockdown did not feel safe. The pandemic has caused an acute rise in safeguarding issues affecting children and adults alike. There is likely to be a rise in disclosures made over the coming months and we know that around 30% of disclosures are purposeful. This is when a child seeks out a trusted adult to talk to. That might be you in your setting. Listen to them talk at their own pace, don't interrupt and reflect back to them what they have said using their own words. This [NSPCC video](#) about responding to disclosures is really useful.

Resources: This [advice](#) for professionals is good

Achieving for Children [Emotional Health Service](#)

This is a useful [guide](#) for preparing nursery children to be ready to start school

The Anna Freud [website](#) is also a great site for resources



News from the SPA manager: referral training

In the SPA we are trying to be better with giving feedback to referrers on how their referrals could be even better. Due to the high volume of work - we ideally do not want to have to call a referrer to clarify information.

Try to avoid saying general things like "they are violent", "using drugs", "self harming" as these are not specific enough.

We need to know what specifically is happening. AfC is offering training in making quality SPA referrals and you can book [here](#)

Cassey Spratt, SPA Service Manager

Cassey.spratt@achievingforchildren.org.uk



Public Health
England

Learn how to support children and young people using psychological first aid

This [3-week course](#) by Public Health England explores the techniques of psychological first aid (PFA), the globally recommended training for supporting people during emergencies. You'll focus on children and young people's mental health, and what you can do to help them cope and access the support they need during and after emergencies and crisis situations. The course is based on international guidance from the World Health Organisation, United Nations and partners

Have you noticed any young carers helping your families?

If you know a child is in a caring role, refer them to the local Young Carers groups for Kingston and Richmond. Caring responsibilities have a huge impact on young people and these groups can offer valuable support.

020 3031 2754 Kingston Young Carers Project

020 8867 2383 Richmond Young Carers Project

We all have a responsibility to try to identify young carers and get them the support they need



Cruse Richmond Bereavement Support Service



Cruse has a strong, experienced group of volunteers, all having moved across to providing telephone and Zoom support, to new and existing clients. They can offer regular support to people within weeks of having registered with Cruse Richmond and are able to support families and children through bereavement. All volunteers undergo an extensive training programme and are experienced in providing emotional support to the bereaved - whenever and however that bereavement occurred. Leave a voicemail on **07495 777401** or email referrals@cruserichmonduponthames.org.uk. They will respond within 24 hours (not including weekends) to offer initial support and explain how to get regular telephone or Zoom support sessions with one of their volunteers.

Kingston Bereavement Service

Please contact us on 020 8547 1552

or email

info@kingstonbereavementservice.org.uk

For immediate help, you can call the CRUSE National Helpline on 0808 808 1677

Winston's Wish bereavement help

Helpline 08088 020021

Email service: ask@winstonswish.org

LADO Service

If you have any concerns about an adult working with children you can contact the LADO service on 020 8891 7370 or 07774 332 675 or email:

LADO@achievingforchildren.org.uk

The LADO referral form is now online and can be accessed [here](#):

When making a LADO referral remember that if there is a safeguarding concern for a child you will also need to make a SPA referral for the child.

Single Point of Access

For safeguarding referrals or advice

0208 547 5008

020 8770 5000 (Out of hours)

Call the Police – 999 - if a child is in immediate danger.



Early Help Resilience Network meetings

You can read about the Early Help strategy [here](#). Central to the Early Help strategy are the Resilience Network meetings where you can discuss specific cases and get help and support from multi disciplinary partners. The meetings for March April and May are now available to book on to and the links are below.

March

[Resilience Networks \(Kingston - 0 - 5 years\) - Tuesday 23 March 2021 10:00 - 12:00](#)

[Resilience Networks \(Richmond - 0 - 5 years\) - Tuesday 23 March 2021 10:00 - 12:00](#)

April

[Resilience Networks \(Kingston - 0 - 5 years\) - Tuesday 20 April 2021 10:00 - 12:00](#)

[Resilience Networks \(Richmond - 0 - 5 years\) - Tuesday 20 April 2021 10:00 - 12:00](#)

May

[Resilience Networks \(Kingston - 0 - 5 years\) - Tuesday 18 May 2021 10:00 - 12:00](#)

[Resilience Networks \(Richmond - 0 - 5 years\) - Tuesday 18 May 2021 10:00 - 12:00](#)

Your key contacts around these meetings will be

Sharon Karikari, Senior Early Help Kingston Early Help Team 0-5 Resilience Network Meetings

Phone: 07824503363 Email: sharon.karikari@achievingforchildren.org.uk

Ashley Jones, Team Leader Richmond Early Help Team 0-5 Resilience Network Meetings

Mobile Number: 07864609557

Email: ashley.jones@achievingforchildren.org.uk

Sharon and Ashley encourage you to please be in contact with any further question, if you would like further information about the meetings and how it would work

The AfC Early Help team will update you with further information in the future and booking details for the meeting. Thank you!

Why is Early Help important?

Early Help provides support to a family to prevent an issue escalating. It equips them with the tools they need to develop skills and strategies to effectively and confidently manage their specific challenges.

