



September 2019

Message from the KRSCP Chair, Chris Robson

This is my last newsletter as your Independent Chair. We deal with some of the most vulnerable children and families in our communities. The circumstances they find themselves in can be extremely stressful and often involve violence and aggression. I know that as professionals our instinct is often to protect children at all costs, sometimes taking risks of physical or verbal abuse ourselves. I would be lying if I said I hadn't taken such risks in my own career. I was once advised by a very wise Social Worker I was doing a joint visit with 'You're not much use to them if your in A&E with a broken nose'. Sometimes we just need a gentle reminder that our own safety is so very important, so please keep safe.

World Mental Health Day

World Mental Health Day is 10th October. This year the focus is on suicide prevention. Why not mark this to raise awareness and reduce stigma about emotional wellbeing? Please think what you can do in your setting or sector to publicise this day; maybe putting something on your intranet or setting up a stall for staff, or clients. Thrive London has a free pan London event on 14th November; find out more here:

The Mayor's Peer Outreach Team, in partnership with Thrive LDN, will be hosting an all-day young Londoner-led festival to mark World Mental Health Day on Thursday, 10 October 2019.

The festival will see various activities taking place throughout City Hall over the course of the day – including film screening, creative workshops, presentations and panel discussions.

The event will also provide an important platform to discuss how the whole of London can work together to improve the mental health and wellbeing of all Londoners.

The day will potentially be the largest young Londoner-led event ever held at City Hall.

We are inviting Londoners to:

- 1) 'Save the date', register your attendance and share the details with your networks
- 2) Be part of the programme or share your ideas for the festival's programme with the Mayor's Peer Outreach Team. You can do this by emailing culture@thriveldn.co.uk

Ideas here: https://www.who.int/docs/default-source/mental-health/suicide/flyer-40seconds-web.pdf?sfvrsn=5ba643c_2
<https://www.mentalhealth.org.uk/campaigns/world-mental-health-day>

The Zero Suicide Alliance has 20 minute online training to help professionals respond to concerns here: <https://www.zerosuicidealliance.com/>

Personal Safety for Staff

We want to highlight personal safety for you this term as learning from some of our local work. Please remember our lone worker guidance here: <https://kingstonandrichmondscb.org.uk/news-resources/policies-and-procedures-87/krscp-lone-worker-guidance-252.php>

Record in your files, contact your team and HR, and pass on safety information to multi-agency colleagues about any locations or people you are working with, which raise issues of concern immediately on your return. On the last Monday of July 1986, in broad daylight and in the middle of a working day, the unthinkable happened. Suzy Lamplugh, a 25-year-old, disappeared during the course of her work as an estate agent, while showing a client round a house in Fulham. The Suzy Lamplugh Trust provides information for workers and members of the public around personal safety including visiting people's homes and managing situations of violence and aggression: <https://www.suzylamplugh.org/pages/faqs/category/personal-safety>

There are details on a lone worker app here: <https://www.suzylamplugh.org/Pages/Category/lone-worker-directory>

Suzy's Code for Personal Safety

This code highlights steps that can be taken to increase personal safety for employees in the housing sector, but these are relevant for everyone.

1. Implement a buddy system (so colleagues always know each other's whereabouts and contact details. This should include checking in and out when meeting arriving at and leaving the property, including out of normal office hours)
2. Have a system in place for colleagues to raise the alarm back at the office in case of an emergency while working alone
3. Have a clear procedure to follow if someone does not return or check in when they are expected
4. Where possible arrange for viewers to visit the office before meeting them at the property so that colleagues have also seen them
5. Offer all staff a personal safety alarm and have discreet lone worker devices available
6. Before visiting a home, find out who else will be present in the property (current tenant, contractors etc.) when you visit
7. Finally, make sure all staff are aware of and have access to the personal safety measures available

KRSCP Annual Report

Our Chair Chris Robson has prepared our Annual Report 2018-19 which includes a local safeguarding assessment. Please find it here.

<https://kingstonandrichmondsafeguardingchildrenpartnership.org.uk/about-richmond-lsrb/subgroups-107/annual-report-42.php>

IICSA

Survivors invited to contribute to the Independent Inquiry into Child Sexual Abuse. More than 4,000 victims and survivors of child sexual abuse in England and Wales have shared their experiences with the Truth Project, part of the Independent Inquiry into Child Sexual Abuse. Information gathered in Truth Project sessions will mean the Inquiry can get a better picture of the past to help create a safer place for children in the future. More information is available in this booklet - [Truth Booklet](#). The information is also available in Urdu, Bengali, Punjabi and Arabic at <https://www.iicsa.org.uk/stakeholder-engagement-resources-library>. Survivors of child sexual abuse who would like to share their experiences in writing, over the phone or in person can get in touch with the Inquiry's Truth Project at www.truthproject.org.uk or by emailing share@iicsa.org.uk.

Upcoming KRSCP Training

The KRSCP offers training courses to all working with children and families. Here is a list of available courses until the end of the year:

- 10/10/2019 - Safeguarding Children: Child Protection Process Refresher (Level 3) (Richmond)
- 11/10/2019 - Child Sexual Abuse (Level 3)
- 12/10/2019 - Safeguarding Children: Child Protection Process Level 3 (Richmond)
- 14/10/2019 - Safeguarding Children: Child Protection Process Refresher (Level 3) (Richmond)
- 15/10/2019 - Safeguarding Children: Child Protection Process Refresher (Level 3) (Kingston)
- 15/10/2019 - Workshop to Raise Awareness about Radicalisation & PREVENT
- 15/10/2019 - Safeguarding Children: A Shared Responsibility Level 2 (Kingston)
- 16/10/2019 - Safeguarding Children: A Shared Responsibility Level 2 (Richmond)
- 18/10/2019 - Neglect Toolkit: A bitesized Session

The KRSCP also offer the following upcoming conferences to all working with children and families;

- **Safe in Sport** - 14/10/19 - Twickenham Stadium, Whitton Rd, Twickenham TW2 7BA
- **Safe in Faith** - 06/11/19 - Kingsgate Church Kingston, 161a Clarence St, Kingston upon Thames KT1 1QT

If you work within education and are interested in going on any of these courses and you can apply here:

<https://www.afccpdonline.co.uk/earlyyears/courses/bookings/default.asp?curpage=2>

Otherwise you can apply for any here: <http://kingstonandrichmondlsrb.org.uk/training.php>

