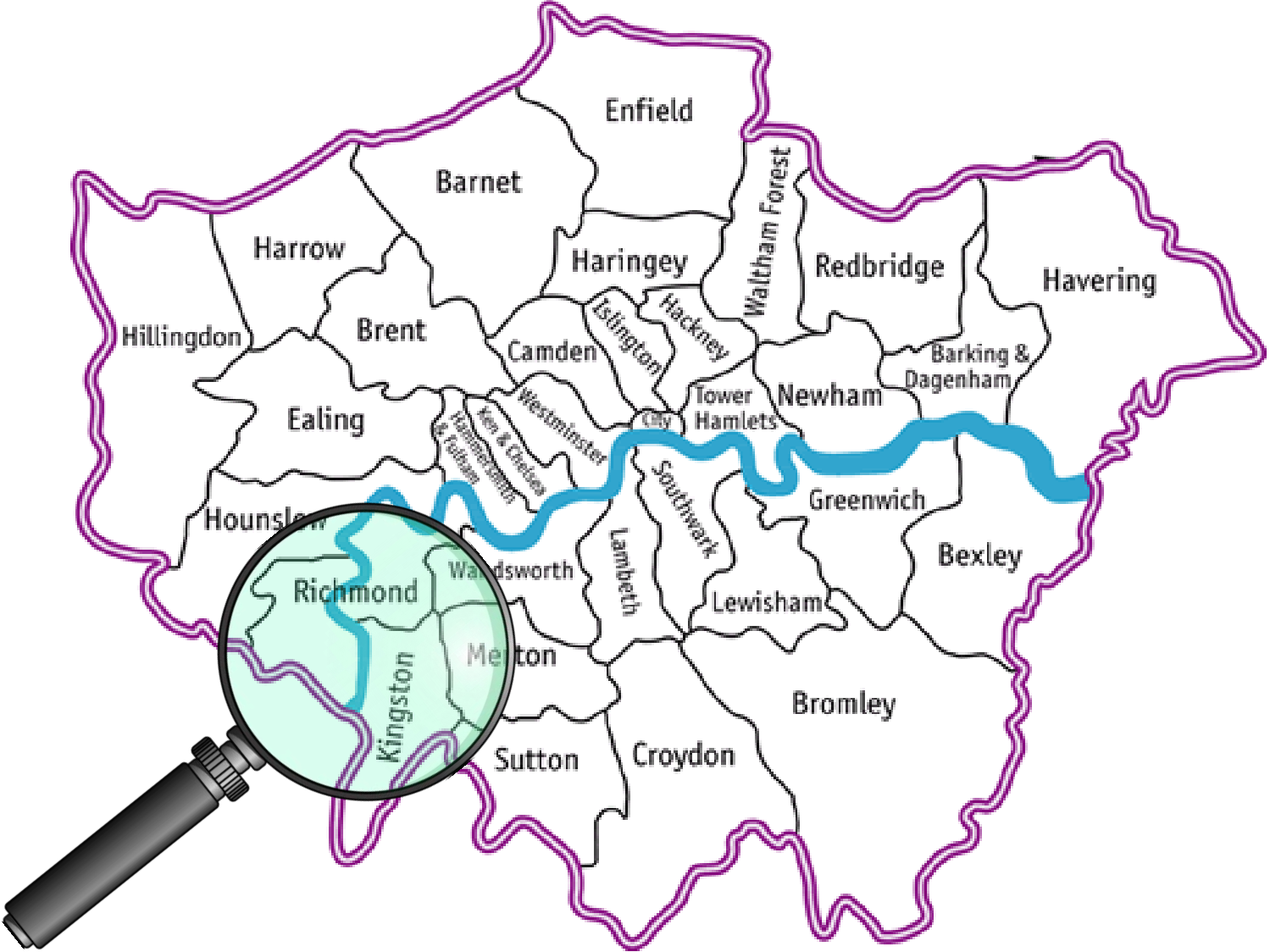


# Parental Mental-Health Deep Dive autumn 2021

Kingston and Richmond Safeguarding Children Partnership



# What did we do?

- 10 children, two Boroughs, 6 infants, 4 Young Carers
- Adults Social Care, Young Carers, AfC, Police, Health Visiting, School Nursing, GP, Kingston Hospital, Housing

## **COVID-19 Landscape of:**

- Rise in parental mental health concerns;
- Poverty;
- Housing issues;
- Isolation;
- Anxiety



# Prevention case study

- Mother- substance use, other child taken into care, Domestic Abuse & mental health concerns

## What went well?

- Early notification of pregnancy by SWLStG;
- Timely midwifery support;
- Pre-birth well attended strategy meeting;
- Child Protection Plan- intensive support & now at home with Child in Need plan



# Young Carer support

- 10 year old Young Carer
- Mother with significant mental health concerns
- Legal & financial support
- Child Protection planning now stepped down

- Good multi-agency communication, including GP
- Transition support to secondary school

*“ Young Carers has helped me express my feelings more. It has helped me care for my mum and brother better and has given me more time to myself to do the things that I enjoy. I also feel happy knowing other young carers and then getting to meet them”.*



# Best Practice Take-aways

- Eyes on the Child
- Think Family- see men/fathers
- Identity- first language, support network, religion, ethnicity
- Information Sharing
- Remember Carers- and Young Carers
- Joint supervision & visits
- Psychiatry at discharge meetings
- Closing meeting before ending plans for contingencies
- Value of Early Help
- Flag plans
- Overlap with Domestic Abuse

